



PROGRAMMA

HIGHLIGHTS DEL XXXVII CONGRESSO NAZIONALE SIAAIC MEETS WAO - SHAPE THE FUTURE ACROSS ALL AGES

FAD ASINCRONA

26 gennaio – 31 dicembre 2026

TITOLO: Highlights del XXXVII Congresso Nazionale SIAAIC meets WAO - Shape the future across all ages

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DISCIPLINE PER MEDICO CHIRURGO: Allergologia Ed Immunologia Clinica; Dermatologia E Venereologia; Ematologia; Endocrinologia; Gastroenterologia; Igiene degli Alimenti Della Nutrizione; Malattie Dell'apparato Respiratorio; Malattie Infettive; Malattie Metaboliche; Medicina Del Lavoro E Sicurezza Degli Ambienti Di Lavoro; Medicina Generale (Medici Di Famiglia); Medicina Interna; Otorinolaringoiatria; Pediatria; Pediatri Di Libera Scelta; Reumatologia; Scienze Dell'alimentazione E Dietetica;

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RAZIONALE

Allergies, together with immunological disorders and asthmatic pathology, affect millions of people in Italy indiscriminately in both paediatric and adult age, using many medical and economic resources of our health system. Among the most common forms of allergies treated in Italy, at hospital, university and private institutes, there are: respiratory allergies (asthma and rhinitis), food allergies, skin allergies (atopic dermatitis, angioedema, urticaria), drug allergies, and reactions to hymenoptera venom. All these diseases can occur in mild and moderate forms, but sometimes also in severe forms such as systemic anaphylaxis and severe asthma, which can be life-threatening for those affected.

This year, the XXXVII National Congress of the SIAAIC was enriched thanks to the collaboration with the World Allergy Organisation (WAO), allowing for an in-depth study and comparison between internationally renowned experts in allergic diseases, especially in their most complex aspects.

In addition to age and exposure, the environment is a significant risk factor for allergic and immunological diseases, influenced by climate change and pollution. Several sessions were devoted to the topic of the influence of climate change on the onset and severity of allergic and immunological diseases, both in the autoimmune and allergological fields.

Special attention was paid to rare diseases (vasculitis, EGPA, EES, immunodeficiencies, mastocytosis, angioedema) and autoimmune diseases, with a special focus on Systemic Lupus Erythematosus.

In addition, another topic of great interest was the study of allergic disease and symptom burden, which are crucial in the shared decision-making of diagnostic pathways and patient treatment. Various immunopathogenetic processes were discussed as well as how the identification of cellular and molecular mechanisms can lead to precise phenotypic and endotypic diagnoses, useful for determining new therapeutic targets.

Finally, special attention was paid to the innovations offered by artificial intelligence in medicine. The choice of new algorithms, the increasing use of biological drugs with monoclonal antibodies and specific immunotherapy will be the focus of discussion. These approaches represent fundamental treatments for allergic diseases and offer the possibility of disease remission, an ambitious goal for allerge-immunology specialists.

PROGRAMMA SCIENTIFICO

Qui di seguito abbiamo riportato i vari moduli dell'Evento Scientifico, indicando per ciascuno i titoli degli interventi e i relatori.

MODULO 1

SIAAIC/SIAP SYMPOSIUM - SPECIFIC IMMUNOTHERAPY IN DEVELOPMENTAL AGE: PRACTICAL ASPECTS (50 min)

Allergological diagnostics for immunotherapy prescription

Giovannini M. (Firenze)

Specific immunotherapy in developmental age

Barberi S. (Milano)

Practical aspects of immunotherapy administration and RIAT registry

Brussino L. (Torino)

MODULO 2

SIAAIC/WAO SYMPOSIUM - FOOD ALLERGY (44 min)

Natural history of food allergy: predictive biomarkers

González Díaz S. (Nuevo León, Mexico)

Update in DRACMA milk allergy

Fiocchi A. (Roma)

MODULO 3

SIAAIC/EAACI SYMPOSIUM - ALLERGY AND CLINICAL IMMUNOLOGY THROUGH AGES (47 min)

The allergy and clinical immunology manifesto

Di Gioacchino M. (Chieti)

Mast cell disorders and Hereditary Alfa Trypsinemia

Bonadonna P. (Venezia)

Diagnosis and treatment of refractory urticaria in children

Tsabouri S. (Ioannina, Greece)



MODULO 4

MEET THE PROFESSOR - AUTOIMMUNITY DIAGNOSTICS MACROPHAGE ACTIVATION SYNDROME: THE IMPORTANCE OF EARLY DIAGNOSIS

(35 min)

Meet the professor - Autoimmunity diagnostics – Macrophage activation syndrome: the importance of early diagnosis

Maiolini F. (Verona)

MODULO 5

MEET THE PROFESSOR - ANTIBIOTIC DE-LABELLING AND ANTIMICROBIAL RESISTANCE

(45 min)

Meet the professor - Antibiotic de-labelling and antimicrobial resistance

Costantino M.T. (Mantova)

MODULO 6

LECTURE - THE ALARMINs ERA

(31 min)

The alarmins era

Marone G. (Napoli)

MODULO 7

SIAAIC/WAO SYMPOSIUM - ALLERGOLOGY: ADVANCES AND CHALLENGES

(46 min)

How to follow up patients with asthma and what should not be missed

Papadopoulos N. (Athens, Greece)

New options in biologics for allergic diseases: from monoclonal to nanobodies

Ortega-Martell J.A. (Hidalgo, Mexico)

MODULO 8
SYMPOSIUM - VASCULITIS AND HYPEREOSINOPHILIAS
(43 min)

Presentation of data from the register of eosinophilic-related diseases

Nicola S. (Torino)

From asthma to EGPA - therapy and management with anti-IL5 in EGPA before the development of vasculitis

Caminati M. (Verona)

From EGPA to asthma - therapy and management with anti-IL5 in EGPA after the development of vasculitis

Berti A. (Trento)

MODULO 9
MEET THE PROFESSOR - SPECIFIC IMMUNOTHERAPY: HOW AND WHEN?
(29 min)

Meet the professor - Specific immunotherapy: how and when?

Ricciardi L. (Messina)

MODULO 10
LECTURE – INFECTION AND THE MICROBIOTA IN CHRONIC AIRWAY DISESES
(28 min)

Infection and the Microbiota in Chronic Airway Diseases

Gramegna A. (Milano)

MODULO 11
MEET THE PROFESSOR - ON THE PAEDIATRIC ROOTS OF COPD AND ASTHMA IN ADULTS
(29 min)

Meet the professor - On the paediatric roots of COPD and asthma in adults

Fierro V. (Roma)

MODULO 12
LECTURE - PRECISION MEDICINE IN MASTOCYTOSIS: FOCUS ON NEW DRUGS
(27 min)

Precision medicine in mastocytosis: focus on new drugs

Parente R. (Salerno)

MODULO 13
SIAAIC/WAO SYMPOSIUM - REMISSION: UPDATED OUTCOMES AND CLINICAL APPLICATIONS
(38 min)

Disease-modifying approaches in achieving clinical remission in asthma

Canonica G.W. (Milano)

Clinical remission in atopic dermatitis

Fonacier L. (New York, USA)

Remission in CSU: WAO position paper

Morais-Almeida M. (Lisbon, Portugal)

MODULO 14
SYMPOSIUM - TRANSITIONAL MEDICINE IN ALLERGOLOGY
(59 min)

Atopic dermatitis: from child to adult

Comberiati P. (Pisa) , Di Leo E. (Bari)

Asthma and rhinitis: from child to adult

Bagnasco D. (Genova) , Landi M. (Torino)

Food allergy: from child to adult

Arasi S. (Roma) , Yacoub M.R. (Milano)

MODULO 15
LECTURE - HOW AI WILL CHANGE OUR PERSPECTIVES IN MEDICINE: NEW APPLICATIONS AND REGULATORY NEWS
(26 min)

How AI will change our perspectives in medicine: new applications and regulatory news

Gangemi S. (Messina)

MODULO 16
SIAAIC/SIP-IRS SYMPOSIUM - ENVIRONMENT AND RESPIRATORY ALLERGIC DISEASES
(48 min)

One health: mitigating climate-related health impacts

Iovane G. (Napoli)

The 2nd WHO global conference on air pollution and health: it's time to act for prevention

Viegi G. (Palermo)

Health effects of the working environment

Crivellaro M. (Padova)

MODULO 17
SIAAIC/WAO SYMPOSIUM - NEW PERSPECTIVES IN CLINICAL IMMUNOLOGY
(45 min)

Inborn errors of immunity: fact vs fiction

Fasano M.B. (Lowa City, USA)

Atopy as a new warning sign of primary immunodeficiency

Hossny E. (Cairo, Egypt)

Cancer ablation as a method of in situ vaccination

Chikovani T. (Tbilisi, Georgia)

MODULO 18
SYMPOSIUM – AUTOIMMUNITY
(42 min)

Diagnosis, measures of disease activity and definition of remission in SLE

Negrini S. (Genova)

Neuropsychiatric Systemic Lupus Erythematosus: diagnosis, management and challenges

Mormile I. (Napoli)

Joint, hematologic, nephrologic and skin involvement in Systemic Lupus Erythematosus: where are we now?

Firinu D. (Cagliari)



MODULO 19
MEET THE PROFESSOR - INHALATION THERAPY IN PEDIATRIC AGE
(35 min)

Meet the professor - Inhalation therapy in pediatric age

Licari A. (Pavia)

MODULO 20
MEET THE PROFESSOR - THE ALLERGIST AND VACCINATIONS
(26 min)

Meet the professor - The allergist and vaccinations

Zanoni G. (Verona)

MODULO 21
SYMPOSIUM - FROM SENSITISATION TO ANAPHYLAXIS: RISK STRATIFICATION IN
THE FOOD ALLERGY PATIENT
(45 min)

Food allergy: hot topics

Yacoub M. R. (Milano)

Novel foods: use of molecular diagnostics and development of practical recommendations for risk stratification

Fassio F. (Pistoia)

Anaphylaxis: what's new? From devices to patient management

Barone A. (Parma)

MODULO 22
SIAAIC/WAO SYMPOSIUM - ALLERGY AND IMMUNOTHERAPY
(44 min)

The vaccine revolution: transforming allergy and immunology in the XXI century

Chantaphakul H. (Bangkok, Thailand)

Diagnostic approach to insect venom immunotherapy

Ansotegui I. (Bilbao, Spain)

Mastocytosis and insect venom allergy

Giavina-Bianchi P. (São Paulo, Brazil)



MODULO 23
SYMPOSIUM - FROM AUTOINFLAMMATORY TO AUTOIMMUNE DISEASES
(51 min)

Immune-mediated liver diseases: an update

Masarone M. (Salerno)

Idiopathic recurrent pericarditis: an update on diagnosis and management

Della Casa F. (Napoli)

New treatments for vasculitis: inhibition of complement

Dagna L. (Milano)

MODULO 24
SYMPOSIUM - UNITED AIRWAYS DISEASE: A REAPPRAISAL
(50 min)

Asthma and polyposis: two faces of United Airways Disease

Rossi C.M. (Pavia)

UAD: what are the current therapeutical choices?

Paoletti G. (Milano)

ARIA guidelines: update 2025

Lombardi C. (Brescia)

MODULO 25
SIAAIC/WAO SYMPOSIUM – ANAPHYLAXIS
(47 min)

Anaphylaxis: a preventable threat

Martin B. (Ohio, USA)

Role of PAMD@ in anaphylaxis

Gómez M. (Salta, Argentina)

Cofactors of anaphylaxis

Kase Tanno L. (Montpellier, France)

MODULO 26
SYMPOSIUM - HOW TO RECOGNISE AND TREAT EOSINOPHILIAS?
(52 min)

DRESS: not only skin involvement

Borgonovo L. (Milano)

Eosinophilic esophagitis: pathogenesis and treatment strategies

Ridolo E. (Parma)

EGPA and HES: two distinct pathologies or the same pathology with different expressions?

Schroeder J.W.V. (Milano)

MODULO 27
SIAAIC/SIMI SYMPOSIUM - THE ROLE OF THE CLINICAL IMMUNOLOGIST AND THE INTERNIST
(51 min)

Role of inflammation in cardiovascular diseases

Paolisso G. (Napoli)

Systemic Lupus Erythematosus: the importance of early diagnosis

De Paulis A. (Napoli)

Neuromodulation of the immune system

Montano N. (Milano)

MODULO 28
SIAAIC/WAO SYMPOSIUM - CHRONIC SPONTANEOUS URTICARIA: SCRATCHING BELOW THE SURFACE
(54 min)

CSU endotypes

Lang D. (Cleveland, USA)

Current and emerging agents for antihistamine resistance CSU

Bernstein J. (Cincinnati, USA)

MODULO 29
SIAAIC/SIAMA SYMPOSIUM - ALLERGIC DISEASES AND ENVIRONMENTAL CHANGES
(50 min)

Aerobiological monitoring in Italy

Giuliano A. (Salerno)

The increase of allergic respiratory diseases and aerobiological environmental changes

Crivellaro M. (Padova)

Analyzing climate change through statistical descriptors of the pollination curve

Tedeschini E. (Perugia)

MODULO 30
MEET THE PROFESSOR - VERNAL KERATOCONJUNCTIVITIS
(56 min)

Meet the professor - Vernal Keratoconjunctivitis

Artesani M.C. (Roma) , Ghiglioni D. (Milano)

MODULO 31
SIAAIC/ITACA LECTURE - ACQUIRED ANGIOEDEMA NEW DIAGNOSTIC AND THERAPEUTICS PERSPECTIVES
(24 min)

Acquired angioedema new diagnostic and therapeutics perspectives

Cancian M. (Padova)

MODULO 32
SIAAIC/WAO SYMPOSIUM - CHALLENGES IN DRUG ALLERGY
(51 min)

Epidemiology and risk factors of beta-lactam allergy

Sabato V. (Antwerp, Belgium)

Penicillin de-labelling initiative: impact on health care and lessons learned

Al-Nesf M. (Doha, Qatar)

Drug desensitization to penicillin in pregnant women

Giavina-Bianchi P. (São Paulo, Brazil)

MODULO 33
SYMPOSIUM - DRUG HYPERSENSITIVITY AMONG MIMICKERS, OLD PROBLEMS
AND NEW SOLUTIONS
(39 min)

Managing adverse reports to antibiotics in cystic fibrosis: when the going gets tough

De Pasquale T. (Novara)

Precision medicine in chemotherapy allergy: dream or reality?

Perlato M. (Firenze)

Iron, ferrous, ferric: will I be allergic?

Losa F. (Mantova)

MODULO 34
LECTURE - REGISTRY: SOURCE OF BIG DATA
(20 min)

Registry: source of big data

Canonica G.W. (Milano)

MODULO 35
SYMPOSIUM - KNOWLEDGE AND POTENTIAL OF AIT
(29 min)

Indications and contraindications for AIT

Furci F. (Vibo Valentia)

AIT and disease remission

Di Bona D. (Foggia)

MODULO 36
SYMPOSIUM - NEW THERAPEUTIC STRATEGIES IN IMMUNE-MEDIATED SKIN
DISEASES
(52 min)

News in the management of atopic dermatitis

Bonzano L. (Reggio Emilia)

The revolution in the therapy of autoimmune skin diseases. Focus on vitiligo

Nettis E. (Bari)

Effect of advanced therapies on skin manifestations of eosinophilic disorders

Detoraki A. (Napoli)



MODULO 37

SYMPOSIUM - NEW INSIGHTS IN MANAGEMENT OF SKIN AND NON-SKIN IMMUNE-MEDIATED DISEASES

(48 min)

Hereditary angioedema with C1 inhibitor in the norm: international consensus document

Bova M. (Napoli)

Glove allergy and possible prevention

Larese Filon F. (Trieste)

Regulation and clinical use of haptens for patch test

Nettis E. (Bari)

MODULO 38

MEET THE PROFESSOR - MILK ALLERGY

(28 min)

Meet the professor - Milk allergy

Calvani M. (Roma)

MODULO 39

MEET THE PROFESSOR - INTERSTITIAL LUNG DISEASES AND PULMONARY HYPERTENSION ASSOCIATED TO SYSTEMIC SCLEROSIS: DIAGNOSIS AND MANAGEMENT

(29 min)

Meet the professor - Interstitial lung diseases and pulmonary hypertension associated to systemic sclerosis: diagnosis and management

Moroncini G. (Ancona)

MODULO 40
SYMPOSIUM - PERSONALISED MEDICINE IN BRONCHIAL ASTHMA: GENDER MEDICINE
(50 min)

Female sex hormones: key mediators of the transition of differences in asthma from childhood to adulthood

Della Valle L. (Chieti)

Asthma in women: comorbidities and metasteroïd pathologies

Marcassa G. (Pordenone)

Mismeasure of spirometry in women: myth or reality?

Puggioni F. (Milano)

MODULO 41
SYMPOSIUM - ALLERGEN IMMUNOTHERAPY
(46 min)

Combination therapies: when and why?

Caruso C. (Roma)

AIT: disease modifying?

Furci F. (Vibo Valentia)

Update on new mechanisms in AIT

Senna G. (Verona)

MODULO 42
SYMPOSIUM - PRIMARY AND SECONDARY IMMUNODEFICIENCIES
(23 min)

Common variable immunodeficiency: one or more pathologies?

Lagnese G. (Napoli)

Granuloma: sarcoidosis or GLILD?

Buso H. (Trevisto)



MODULO 43
MEET THE PROFESSOR - RESPIRATORY FUNCTION AND NEW DIAGNOSTIC OPPORTUNITIES
(31 min)

Meet the professor - Respiratory function and new diagnostic opportunities

Cottini M. (Bergamo) , Nicoletta C. (Salerno)

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